

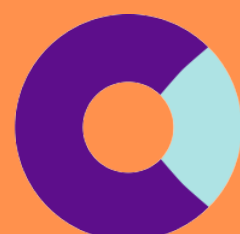
# Peer Support Group for Young Carers

If you think you are a young carer and you would like to meet other young carers, come along to our lunch time group.

You will be offered a confidential space to talk and get to know other people who understand what it is like to be a young carer.

**When: Tuesday lunchtimes**

**Where: The Hub**



North Tyneside  
Carers' Centre

**Registered Charity No: 1051472**