## TRAVEL TO John Spence Community High School

# Go Smarter North Tyneside

#### Travel actively to school

Cars parked outside schools create a danger for children getting to school and cause air pollution.

We realise that, for some, car use is essential, while others could travel by other means some of the time.

Our Go Smarter team encourages everyone to consider active travel on the school run and, where car use is necessary, to park away from school.

This keeps areas around schools free from congestion and safer for children.



## **Travelling actively**

Walking and wheeling, cycling and scooting.

Travelling actively to school is a great way to start the day.

- It's brilliant exercise
- It helps us feel good
- It reduces pollution at the school gates
- It reduces carbon emissions and helps tackle climate change
- It doesn't cost anything

### Park and Stride

If you must drive on school journeys, please park a few minutes' walk away and walk the rest of the journey. There are lots of benefits:

- You and your child get some exercise together
- Your child learns road safety skills
- It reduces air pollution at the school gate
- You avoid road congestion around school



### Driving

Please park away from school. Wherever you park, please do so considerately:

- Don't block pavements for pedestrians
- Don't idle turn off the engine while waiting
- Don't block residents' driveways
- Keep speed to a minimum
- Respect any parking restrictions

The Highway Code states that it is the responsibility of drivers to take care and reduce the dangers they cause to pedestrians and cyclists.



John Spence Community High School

Preston Road

North Shields

NE29 9PU





## The Green Cross Code

Always use your Green Cross Code when travelling. Find a safe place to cross the road and remember to:

Stop with your feet behind the kerb

**Look** right, left and then right again for any traffic

Listen for any traffic

Think about whether it is safe to cross. Keep looking and listening as you cross.





Public Transport

Can you use public transport to get to school?

Check bus and Metro timetables and plan your journey online at www.nexus.org.uk

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