

IS THERE A YOUNG CARER IN YOUR FAMILY?

School and home working together

YOUNG CARERS ARE CHILDREN AND YOUNG PEOPLE UNDER 18 WHO HELP TO LOOK AFTER SOMEBODY IN THEIR FAMILY BECAUSE THAT PERSON HAS A DISABILITY, ILLNESS, MENTAL HEALTH DIFFICULTY, OR BECAUSE THAT PERSON MISUSES DRUGS OR ALCOHOL.

LOCAL SUPPORT FOR YOUNG CARERS

It is useful for John Spence to know if a young person has caring responsibilities. They can then support young carers and their families to know about any local support that is available. North Tyneside Carers' Centre, Young Carers' Project can offer a variety of support for young carers.



SUPPORT FOR YOUNG CARERS IN SCHOOL

In school, staff are offered training to support young carers and understand how a caring role may affect a young person. Staff are also offered training in carers' rights. The allocated member of staff for young carers is Zoe Mason. A peer support group runs on Tuesday lunchtimes that young carers can attend.

YOUNG CARERS' RIGHTS

Has the young carer in your family been offered a Young Carers' Needs Assessment? They are entitled to have one and to have it reviewed regularly. Talk to staff at John Spence if they have not. The assessment should help to identify if they have needs for support. They are also entitled to a transition assessment as they approach adulthood. If they have not been offered this, please talk to us in school.



WHOLE FAMILY SUPPORT

Are the people with care needs in your family accessing all of the support that they need?

Are there other people in your family who are providing care and support? They are also entitled to support.

Talk to us in school so that we can help you to work out if your family is getting all of the help and support that they need.

