

Do you feel left behind by new technology?



North Tyneside Council's Employment and Skills Service can help you understand and get the most out of the digital world with free, tutor-led, skills workshops.



North Tyneside Council

Access up to 6 hours of free training to help you navigate essential, day-to-day digital skills, in a friendly and supportive environment.

Sessions are delivered on a one-to-one basis or, in small groups and can help you with:

- Using handheld devices (Phone/Tablet)
- Staying connected with friends and family
- Uploading documents
- Navigating the internet
- Setting up and using email

For further details email - digitaloutreach.project@northtyneside.gov.uk, or telephone - (0191) 643 2288.

