

	<u>Year 7</u>	<u>Year 8</u>	<u>Year 9</u>	<u>Year 10</u>	<u>Year 11</u>
<b>Form Time Theme</b>	Self awareness and skill attributes	The world of work and employment	Exploring options and using information	Preparing me	Decision time
<b>CDI Framework:</b>	Self-awareness, self-determination and self-improvement underpin aspiration, ambition and achievement in careers, learning and the world of work	Exploring, investigating and understanding the opportunities, responsibilities and experiences that careers and the world of work have to offer	Develop a range of career management, employability and enterprise skills	Develop a range of career management, employability and enterprise skills	Develop a range of career management, employability and enterprise skills
<b>LMI theme</b>	<b>Energy and Engineering</b>	<b>Digital</b>	<b>Law and Finance</b>	<b>Health and life Sciences</b>	-
<b>Employers</b>	<b>Baker Hughes, Energy Academy</b>	<b>TICE</b>	<b>HMRC</b>	<b>NHS staff (varied)</b>	-
<b>Assemblies</b>	LMI - Energy Banks Group	LMI - Digital NUSTEM - Digital Careers	LMI - Finance/Law Lawyers	LMI - Health and Life Science NHS Careers	
<b>Drop down event</b>	<b>Baker Hughes workshop</b>	<b>Digital Enterprise Challenge</b>	<b>Finance Day</b>	<b>NHS Careers Parents Carousel</b> <b>Workplace visit program</b>	<b>Careers Fair</b>
<b>Homework</b>	icould.com	Family member interview about working life	Careers Websites	College/University research	Web research
<b>Fit for Life Lessons</b>	<ul style="list-style-type: none"> <li>- This is me</li> <li>- My achievements</li> <li>- Building my work skills</li> <li>- Goals for the future</li> <li>- What is a job?</li> <li>- Types of work</li> </ul>	<ul style="list-style-type: none"> <li>- Working in the North East</li> <li>- Exploring LMI</li> <li>- Breaking stereotypes</li> </ul>	<ul style="list-style-type: none"> <li>- Google it! - Using information</li> <li>- Using Unifrog</li> <li>- What is University?</li> <li>- Is University for me?</li> <li>- Apprenticeships</li> <li>- Routes and options</li> </ul>	<ul style="list-style-type: none"> <li>- My online profile and using it well</li> <li>- Routes and options</li> <li>- How do I know what I need?</li> <li>- Careers Action Plan</li> </ul>	<ul style="list-style-type: none"> <li>- Applications - How and when to apply</li> <li>- Dealing with change and rejection</li> </ul>

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