

# JOHN SPENCE FEEDER SCHOOLS U11 HIGH 5 NETBALL COMPETITION 2012

## Competition Format

Each school will play one and other in a round robin style format consisting of 2 x 6min halves. There will be two courts ongoing throughout the competition.

## Squads

Squads can be made up of boys and girls. If there are boys included in the squad, no more than two boys maybe on the court at any one time. There is a maximum of 3 boys allowed per squad. The squad can consist of a minimum of 7 and a maximum of 9 players with 5 players on court at any one time.

## Rules

- 9ft High Posts
- Size 4 Netball
- Pass or shoot within 4 seconds
- 1 metre distance- players not permitted to defend shot or pass with arms outstretched
- Each squad will consist of 7, 8 or 9 players
- Player positions – GK , GD ,C , GA, GS, Scorer, Centre, Pass Marker and Timekeeper
- Squads can be made up of boys and girls
- No more than 2 boys will be on court at any one time (depending on squad numbers & rotations)
- Rotations must be strictly followed as stated on rotation squad sheets.

## Equipment

A set of bibs and a Size 4 Netball will be required for each team

## Scoring

5 points - win

3 points - draw

0 points - loss (1 point if losing score is half or more of the winners score)

## Contact Details

For further information please contact Adam Pilkington, John Spence Community High School on 07966784680.

## Squad Sheet

### Squad Rotation: 7 players

Name	Game 1		Game 2		Game 3		Game 4		Game 5		Game 6		Game 7	
	1st	2nd	1st	2nd	1st	2nd	1st *	2nd	1st	2nd	1st	2nd	1st	2nd
	GK	SC	C	GA	CPM	GD	GS	GK	SC	C	GA	CPM	GD	GS
	SC	C	GA	CPM	GD	GS	GK	SC	C	GA	CPM	GD	GS	GK
	C	GA	CPM	GD	GS	GK	SC	C	GA	CPM	GD	GS	GK	SC
	GA	CPM	GD	GS	GK	SC	C	GA	CPM	GD	GS	GK	SC	C
	CPM	GD	GS	GK	SC	C	GA	CPM	GD	GS	GK	SC	C	GA
	GD	GS	GK	SC	C	GA	CPM	GD	GS	GK	SC	C	GA	CPM
	GS	GK	SC	C	GA	CPM	GD	GS	GK	SC	C	GA	CPM	GD

\* Please note the rotation indicated will not be used if there are three boys in a squad of 7. The rotation would enable three boys to be on the court, therefore these rotations will not be played.

### Squad Rotation: 8 players

Name	Game 1		Game 2		Game 3		Game 4		Game 5		Game 6		Game 7	
	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd
	GK	SC	C	GA	TK	GD	CPM	GS	GK	SC	C	GA	TK	GD
	SC	C	GA	TK	GD	CPM	GS	GK	SC	C	GA	TK	GD	CPM
	C	GA	TK	GD	CPM	GS	GK	SC	C	GA	TK	GD	CPM	GS
	GA	TK	GD	CPM	GS	GK	SC	C	GA	TK	GD	CPM	GS	GK
	TK	GD	CPM	GS	GK	SC	C	GA	TK	GD	CPM	GS	GK	SC
	GD	CPM	GS	GK	SC	C	GA	TK	GD	CPM	GS	GK	SC	C
	CPM	GS	GK	SC	C	GA	TK	GD	CPM	GS	GK	SC	C	GA
	GS	GK	SC	C	GA	TK	GD	CPM	GS	GK	SC	C	GA	TK

### Squad Rotation: 9 players

Name	Game 1		Game 2		Game 3		Game 4		Game 5		Game 6		Game 7	
	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd
	GK	SC	GA	TK	GD	SC	C	GS	CPM	GK	SC	GA	TK	GD
	SC	GA	TK	GD	SC	C	GS	CPM	GK	SC	GA	TK	GD	SC
	GA	TK	GD	SC	C	GS	CPM	GK	SC	GA	TK	GD	SC	C
	TK	GD	SC	C	GS	CPM	GK	SC	GA	TK	GD	SC	C	GS
	GD	SC	C	GS	CPM	GK	SC	GA	TK	GD	SC	C	GS	CPM
	SC	C	GS	CPM	GK	SC	GA	TK	GD	SC	C	GS	CPM	GK
	C	GS	CPM	GK	SC	GA	TK	GD	SC	C	GS	CPM	GK	SC
	GS	CPM	GK	SC	GA	TK	GD	SC	C	GS	CPM	GK	SC	GA
	CPM	GK	SC	GA	TK	GD	SC	C	GS	CPM	GK	SC	GA	TK

# Squad Rotation Sheets

